



# THE 5 ARTS OF BEING A MODERN MONEY NINJA

MAINTAIN YOUR SENSE OF  
ENTREPRENEURIAL INDEPENDANCE

PROGRAM CREATED BY  
NICCOLE RUMANS



**before you**

**COACHNICCOLE.COM**

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**THE ART OF BEING A MODERN MONEY NINJA**  
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# THE MODERN NINJA

The Ninja has come a long way, from a covert agent or mercenary in feudal Japan to a modern day warrior utilizing practical skills necessary to live successfully. Wikipedia states, "The functions of the ninja included espionage, sabotage, infiltration, assassination and guerrilla warfare. Their covert methods of waging irregular warfare were deemed dishonorable and beneath the samurai-caste, who observed strict rules about honor and combat" (source: wikipedia.org/wiki/Ninja). But how does one become a ninja in real life now, in modern 2020?

According to an online source, "Way of Ninja," there are 3 guidelines: 1) Keep it practical, realistic and legal; 2) Look beyond old manuals; and 3) Be true to what you want (wayofninja.com/how-to-be-a-ninja). Moreover, Ninja trained themselves. A key factor was their eyesight according to Ninjaencyclopedia.com, "It can be said that sight was the lifeline for a ninja because they judged almost all information with their eyes. In a crisis when raiding his enemies, they needed to read the moves of their opponents to escape. Actually, ninjas had a surprising level of vision."

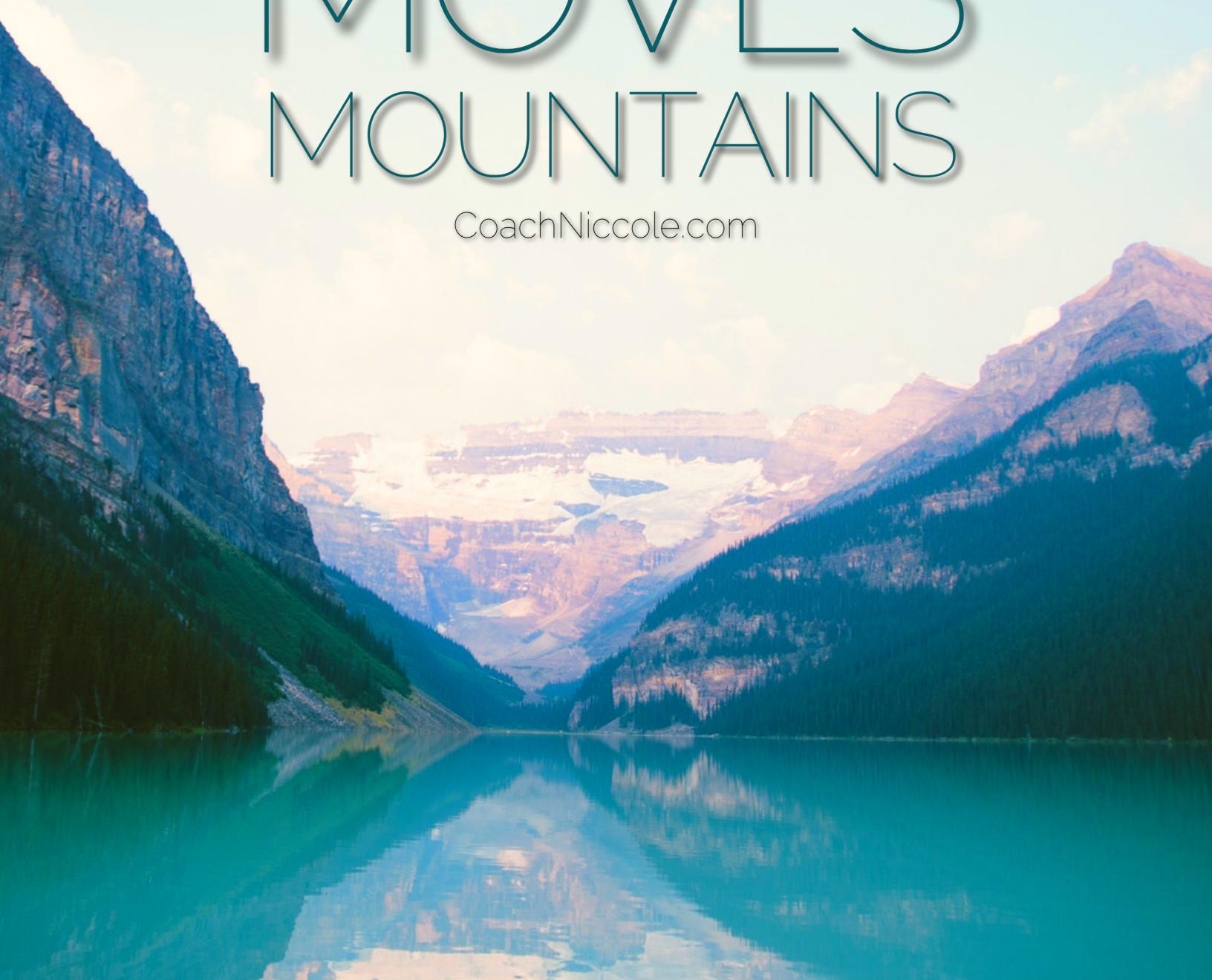
Another aspect was "insight," feeling before knowing, "Above all, the most important thing for a ninja was 'feeling before knowing' the change of the situation and human mind. In order to acquire these abilities it is said that ninjas accepted mind-body practice laws which are very close to "Yoga."

Also, ninjas practiced methods which Buddhist priests do, Zen-meditation, meditation by sitting under a waterfall, and so on. The spells which a ninja recited and the symbolic signs with fingers which a ninja made were also similar things to Buddhists.



# FAITH MOVES MOUNTAINS

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# NINJA HISTORY

The following is an excerpt from [tofugu.com/japan/ninja-history](https://tofugu.com/japan/ninja-history)

Most everyone's initial exposure to ninja comes from anything but a legitimate source. The first time many of us see a ninja, it's either in a movie or an anime or a video game. However, most all popular media doesn't really depict ninja in a realistic manner. So how much do you actually know about these secret spies and assassins of Japan's past? Let's find out.

The ninja was a covert agent in feudal Japanese times who specialized in unorthodox warfare including espionage, sabotage, infiltration, and assassination. Compared to the samurai who were very upfront and honorable with their tactics, the ninja proved a stark contrast. It is unsure as to exactly when the ninja started popping up in Japan, but it is widely believed to be sometime between the 12th and 15th centuries. Some even postulate that the Japanese ninja had ties back to ancient China.

The Sengoku period (15th-17th century) however, was definitely the golden age of the ninja in Japan. This was when the famous Iga and Koga ninja started to form and ninja were widely hired for their unique skill set.

By the Meiji Era, the ninja were famous throughout Japan with most of the knowledge surrounding them being based on mystery and folklore. Ninja could supposedly turn invisible, control the elements, and walk on water. Basically they were like Jesus.

Despite these many folktales surrounding ninja, legitimate historical accounts are scarce. This is not really a surprise as they are in fact ninja, masters of stealth and secrecy. Many ninja were recruited from the lower class, or rejected samurai, and most of the historical focus was on the upper class and noble samurai during the time.

# LIVE YOUR DREAMS

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# TRAINING OF THE EYES

According to [ninjaencyclopedia.com](http://ninjaencyclopedia.com), "It can be said that sight was the lifeline for a ninja because they judged almost all information with their eyes. In a crisis when raiding his enemies, they needed to read the moves of their opponents to escape. Actually, ninjas had a surprising level of vision. There are basically two types of vision. One is "static vision" which is grasping something at a standstill. The other is "dynamic vision" which is catching something moving. Certainly, a ninja trained in both of them.

In addition to that, ninjas could see something well even in darkness. So what kind of training did a ninja have to attain such superhuman sight? Firstly, this is a matter of training, ninjas basically lived deep in the mountains. Thanks to the environment, their vision advanced naturally. They were surrounded by green lush trees that were good for their eyes making it possible for the ninja to be able to see far. It is without saying that there were no streetlights on mountains meaning it was quite natural that a ninja could get good sight. Also, ninjas disciplined themselves and trained for this too. To begin with, an oil lamp stand was turned on, and in front of them, Japanese paper was set and the ninja opened some tiny holes on the paper. The training was that ninjas counted the number of holes from afar. Incidentally, there is vision discipline which is similar to this in present vision recovery training. Another training was for a ninja to repetitively go in and out of a pitch black closet into a bright room."

This type of training is wheelchair and deaf friendly. Blind? Then the next best sense to train is your hearing. So how does this kind of training transfer over into real life? There are many careers in which your eyes are the most important tool such as animal training, security jobs, sociologists, journalists, videographers, graphic artists, gamers, landscapers, and decorators or designers. Do you see the point? Paying attention to the world around you and understanding the norms of society helps you notice when something is wrong or when something needs to be fixed, or when something needs to change for the better. If you have a pair of eyes then you can train your eyes regardless if you are in a wheelchair or if you are deaf. But what if you can't see? Then the next best sense to train is your ears. How long would it take before you noticed someone sneaking up on you? How aware are you to your environment?





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# EXECUTIVE EMPOWERMENT

## LEARNING THE 5 ARTS

### 1 BALANCE

The Art of Ninja Balance is about maintaining self-control and discipline, especially over your emotions. If you don't have control then other people will know how to trigger your emotions to get you in trouble, to try to get you to lose the game.

### 2 DISCIPLINE

When it comes to taking action over a certain period, whether that be starting a business or painting a canvas, we simply will not feel motivated to do what we need to do in the moment, all the time. This is why self-discipline is vital, each and every day, and why we need to establish our own boundaries in order to continually take action.

### 3 FOCUS

Are you easily distracted? Our attention spans are dwindling, but focus is a muscle that you can build if you work on it. Pay attention and learn eight ways to improve your focus.

### 4 PATIENCE

Ever notice your attention span is getting weaker and weaker? Usually after 2-3 minutes we are ready to move onto something else. So now we have to actually practice patience, like standing in a long line and just being content because sooner or later you know you will get to the front.

### 5 TOLERANCE

For those people living in the United States it is in our best interest to grow our skills and abilities when it comes to tolerance. The US is a very multi-cultural country very rich in diversity. We have many options and creative conveniences that helps the nation to prosper as a whole.

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The ones  
who are **crazy**  
**enough** to  
think they  
can change  
the world,  
are the ones  
who do.

STEVE JOBS



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